



SKIN - WELLBEING

TREATMENT MENU

FACIAL SUITE

SPECIALIST SKIN SOLUTIONS

Online skin consultations

PER SESSION

£95 - up to 90 minutes

Skin Healthcheck facial.
(existing clients only)

£145 - 60 minutes

Somatic facial

Using lymphatic drainage, glass cupping, buccal massage microcurrent, sound & energy healing

£175 - 90 minutes

£195 - 120 minutes

FasciaLift.

Using lymphatic drainage, glass cupping & buccal massage

£155 - 75 minutes

Dermalux

Dermalux LED Facial (course of 6 or 12 required)
Add-on to other treatments

PER SESSION

£53

£20

Microneedling AND skin boosters

Face & Neck with skin booster

COURSE OF 3

POA

COURSE OF 6

POA

PER SESSION

£300



SKIN COACHING

Skin coaching programmes designed to reach your skin goals. With clinical treatments, supplements, prescribed skincare and coaching by ‘Skin Guru’ Sarah Wilkinson.

- RADIATE - Our ultimate skin care journey
- RENEW - The first steps on your skin coaching journey
- RESET - Skin coaching at home

PROGRAMME FEATURE	RADIATE	RENEW	RESET
Investment	£8000*	£4000*	£500 then 12 monthly instalments of £250
Commitment	12 Months	6 Months	12 Month
Initial Skin Consultation with your Skin Coach	✓	✓	✓
Skin Scan	✓	✓	✓
Appropriate supplementation each month	✓	✓	✓
Skincare products to use at home	✓	✓	
Access to your skin coach throughout the programme	✓	✓	✗
Access to the Skin Programme YouTube information platform	✓	✓	✗
Unlimited in-clinic treatments	✓	✗	✗

- Payment plans are available for our Radiate and Renew Programmes.



ZINZINO

Your way to a life in balance.

Better health starts with better balance – specifically, in our cells, gut and immune system. Starting with a unique test, take control of your own health and have the blueprint to do that at your fingertips!

ZINZINO (FINGER PRICK) BLOOD TESTS

Balance test (measuring fatty acid profile)	£129
Vitamin D test	£65
HbA1C glucose test	£65

Prices include test result analysis and follow up guidance.





SKIN - WELLBEING

OPENING HOURS

The Acorn Wellness Retreat, Harrogate

Tuesdays fortnightly

Meraki Elland, Halifax

Alternate Monthly Wednesdays
and Saturdays

Amanda Crawshaw Clinic, Silsden

Last Sunday of the month

WWW.EQUILIBRIUMSILSDEN.CO.UK

BOOK ONLINE

CALL: 07739022586



@equilibriumsilsden



BRANDS I WORK WITH

DERMAVIDUALS SKINCARE

-

HYPO21

-

ZINZINO PHARMA
NUTRITIONAL
WELLBEING SUPPLEMENTS & BLOOD
TESTING